



DOLOMITES. LIFE. GUESTS' POST.

WINTER 2019/2020

GUEST-NET
Access all information
on the Hotel Alpenblick
and the surrounding area
in real-time.
alpenblick.guestnet.info



Here at last – it's time to enjoy life

We're delighted to have you here. To make sure that you enjoy an unforgettable stay at the Alpenblick, the following pages will provide you with all the information you need for your perfect winter holiday - and a bit more. A romantic winter hike on our snow-blanketed mountain is just one of the many must-dos – and when aperitivo time comes around, our hotel bar is ready and waiting to welcome you in. We are, of course, here for you at all times if you need information or assistance. In the meantime, we wish you a relaxing, happy holiday!

The Lanzinger family and the Alpenblick team

Lanzinger

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Discover the healing powers of a spot of relaxation and a renewed joy for life. Our philosophy for relaxing holidays:

1 Alpine Wellness GOOD HEALTH LIES IN PURITY

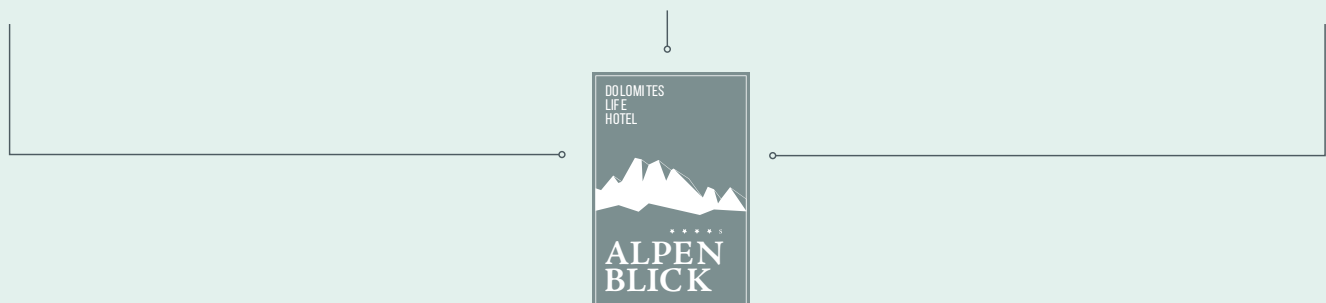
For your relaxation, we put our trust in the power of the mountains. Herbs from Alpine meadows work their healing magic, pamper beauty rituals spoil you with precious essences and the whole spa area is simply a summons to wellness; With water, steam and a mountain panorama to spur you on, basking in a little me-time has never been so tempting.

2 The Taste of Vitality CREATIVE AND HEALTHY

All the taste without the guilt. We are skilled in the art of preparing delicious gourmet, vitality-packed food, the most important of all requisites for physical health. Our menus are a symphony of local produce, seasonal vegetables and recipes passed down over the generations. Under the creative leadership of landlord Markus Lanzinger, we offer a culinary experience which ranges from traditional roots to Mediterranean flair and leaves no wish unfulfilled.

3 Out and about FROM LIGHT AND LEISURELY TO TAXINGLY TOUGH

Movement means zest for life, and in our Alpine region, you can find it in abundance. Live all the fun of skiing on perfectly groomed slopes, of snowshoe expeditions with a mountain guide or winter walks through the romantic side valleys, while the joy of good company, the rays of the winter sun and the magical mountain scenery work their way through to your soul. Sport is simply a pure, unadulterated pleasure.



Alpine Wellness

Pure relaxation

ALPENBLICK'S MOUNTAIN VILLAGE AND MOUNTAIN LAKE

SPA AND BEAUTY TREATMENTS

Our massage team is at the hotel daily from 1pm to 8pm. We will be happy to accept appointments from 9am to 11am on request. For bookings or advice, please ask at reception. If you can't manage to keep an appointment, please let us know 24 hours in advance. Late cancellations will, unfortunately, be charged at 50% of the treatment price.

SAUNAS IN THE MOUNTAIN VILLAGE

Our sauna is open daily from 1pm to 8pm. Please come straight from your hotel room wearing a bathrobe and with a towel to use in the sauna - you will find a "sauna basket" with bath towels, bathrobes and house slippers in your room. Your room card opens the entrance door to the spa. The whole area of the mountain village Alpine spa is an oasis of absolute peace and can only be used by guests aged 18 and over.

MOUNTAIN LAKE

Heated indoor and outdoor pools

Opening times: Indoor daily from 7.30am to 8pm and outdoor pool from 1pm to 8pm.

How to Use a Sauna

BEFORE A SAUNA

- Time constraints are in ill-advised: A sauna is a time for peace and relaxation, and you should leave yourself at least two hours to enjoy it properly.
- Strenuous physical activity is not advisable immediately before or after a sauna. A light meal, however, is recommended beforehand.
- Use the saunas naked (or wrapped in a towel) and sit on a towel.
- Bathing costumes may not be worn; synthetic materials produce toxins at high temperatures and clothing impedes good breathing.
- Always have a shower before entering a sauna. A warm shower followed by a good dry-off prepares your pores for sweating.

THE SAUNA ITSELF

- How long a sauna lasts is up to the individual. Normally you should reckon on around 10-20 minutes.
- Experienced sauna-goers can take up to 3 sessions. For others, one may be enough.

- Always be aware of your body's signals, at all times. Don't overdo it.
- A break is important between sauna sessions (see Relaxation Phase)

LEAVING THE SAUNA

When you leave a sauna, always do it slowly, and don't stand up abruptly. At this stage, your body and your circulation are ready for the cooling-down phase (in the open air or with a luke-warm shower).

RELAXATION PHASE

The reason for the relaxation phase is to give your body time to react to the sauna, reinforcing the healing effects of the heat. It helps your body to eliminate more toxins and work its way back to resting-pulse rate slowly but surely. Lie down wrapped in your bathing robe for this phase.

ROUNDING OFF

If you want to have more than one session, take a rest break of around 20 minutes. After a sauna, it is important to drink a lot of liquids (water, fruit juice, tea).





Romantic moments for two

We've thought of everything that you and your partner might particularly enjoy and have come up with a package guaranteed to inspire and create unforgettable memories. Beauty and relaxation are at the heart of our treatments, with attentive care and massage techniques to relax you right to your innermost soul. The results? An ear-to-ear smile and the radiant glow of your partner! Simply choose the plan the most appeals – the Alpenblick special in the private spa suite or the infrared sauna package in the new massage parlour.

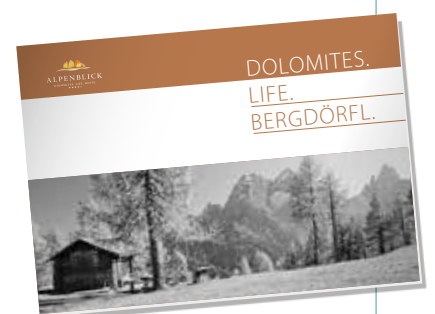
ALPENBLICK SPECIAL IN THE PRIVATE SPA SUITE

- Romantic whirlpool bath for two, 30 mins.
- Relaxation massage, 30 mins.
- Bask in the glow - 4-poster bed
- Prosecco, snacks and fruit

Around 120 mins. — €180
for 2 people

Our Alpine Wellness brochure

Here at the Alpenblick, Alpine Wellness means more than just the use of revitalising natural body-packs. The aim of our wellness brochure is not only to provide you with all the details of our variety-packed wellness and beauty program, but to hone your senses to the concept of natural good health.



The Taste of Vitality

Our culinary offer at a glance

GOURMET BREAKFAST

Start the day off right with a good breakfast. Take your choice from our variety-packed breakfast buffet (7.30-10.30am). The array includes, amongst others, bread buffet, sweet temptations, and a "Vitality corner" with grains and pulses. You can also order a variety of egg dishes and sweet crêpes, made as you watch in our open kitchen.

LATE-RISERS' BREAKFAST

For all those who fancy a lie-in, we offer a small late-risers' breakfast until 11am at the bar.

ROOM SERVICE

We will be happy to serve breakfast in your room. We charge €15 for this service.

AFTERNOON SNACK

Every afternoon from 3 pm to 5 pm, we treat you to an afternoon snack in the hotel bar. Our cake buffet features a range of classic and traditional South Tyrolean sweets, including Apple strudel, ricotta strudel, buckwheat cake are an absolute must, and savoury snacks keep the hunger pangs at bay throughout the day.

The afternoon snack is not included in your bill on your day of departure, but you are very welcome to enjoy it for a surcharge of €10 per person. Please let us know at reception.

ALPENBLICK BISTRO

Lusciously light lunches served from 12 – 2.30 pm. Ask for the Alpenblick Bistro menu and enjoy our gourmet treats on the hotel terrace or at the bar.

GOURMET DINNER

From 6.30 pm to 8.30 pm, our kitchen team delight your taste buds with their classy culinary creations. Our dishes are made fresh to order, so please arrive punctually for meal times.

INVITATIONS

You are welcome to invite your guests to dinner. Rates are €45 per person (drinks not included). Please book early at reception.

BAR

The bar is open from 8am to midnight.



It's aperitivo time!

OUR CHOICE
COCKTAILS:
Americano &
Negroni



Americano

An evolution of the Torino-Milano cocktail, the Americano is one of the great Italian classics.

With soda to quench the thirst and a perfect balance of sweet and bitter to whet the appetite, this iconic Italian aperitivo is also fairly low in alcohol. The two main all-Italian ingredients, Campari and red Vermouth, were bound to end up in the same glass sooner or later... This cocktail originally went by the name of Torino-Milano, named for the home towns of its ingredients. During the prohibition years, American soldiers in Italy flocked to the bars and knocked back one Torino-Milano after another -and thus the Americano was born.

Info: The Americano illustrated in the photo is served in a tumbler. Highball glasses and tumblers are both ideal.

Negroni

The Negroni Cocktail is a classic aperitivo cocktail. It comes, needless to say, from the nation that brought us the aperitivo: Italy.

Ultimately, it was chance rather than design that brought us the Negroni: The year was 1920 and Fosco Scarselli, bartender at the Caffè Casoni in Florence, would often serve Count Camillo Negroni with an Americano, his drink of choice. One day the Count had a hankering for something a shade stronger, and asked Scarselli for a shot of gin in his Americano instead of the regular soda water. The Negroni-style Americano rapidly went on to become a popular cocktail in Florence and, shortly afterwards, settled into its place as a star of the Italian aperitivo culture.

EVERY DAY AT THE HOTEL BAR

From 6.30 pm to 8 pm:

Pre-dinner
time is
aperitivo time!



Aperitivo time at the Alpenblick is something of a tradition. Along with your glass of sekt, prosecco or beer we serve the finest of finger food at the hotel bar.

Live the Dolce Vita!



NEW in winter 2019/20

... on the ski slopes and at the Alpenblick

We all know how lucky we are here: So many “natural treasures” tempt us and, above all, our guests, to get involved in sporting activities in summer and winter. To make life even nicer for you, our guest, we have a few new surprises in store this winter:

- New this winter: A hiking tour from the **Stiergarten/Orto del Toro mountain station to the Klammbach Alm** mountain pasture and an authentic mountain hut which is also open in winter. From the Klammbach Alm, you can make the return trip by chairlift, walk back down to the valley or, if you bring your own sledge, sledge your way down on the natural toboggan slope.
- The new “Hasenköpfl” chairlift on the Helm/Monte Elmo: Clear the stage for the **all-new, premium, 8-seater “Hasenköpfl” chairlift on the Helm**. In winter 2019/20, the current 3-seater “Helm” chairlift will be replaced with a

new, detachable 8-seater lift. Complete with bubble hoods and luxurious heated seats it will offer outstanding comfort, particularly for the younger guests at the ski resort: The child-friendly embarkation conveyor raises or lowers to suit the height of the child, making getting on and off as easy and hassle-free as possible. The skiing fun begins with the journey!

- **A fee of € 200 will be charged for piste rescue services.**

If you don't have insurance cover yet, click on the following link to take out an insurance policy online and enjoy all the fun of skiing without the worry. ski-online.de/ski-insurance.html

AND THE SECOND YOU LEAVE THE SLOPES, WE'LL BE WAITING FOR YOU AT THE ALPENBLICK

Once a week, we organise an **AFTER-SKI-PARTY** on our new terrace, fitted and furnished in reclaimed wood. Just what you need after a day's skiing: catchy music, a spicy, fruity mulled wine made to our own hotel recipe and panettone as light and fluffy as the air.



Sesto Mountain Winter

Set in the heart of the UNESCO World Heritage Dolomites, the multi-faceted beauty of Sesto mesmerises visitors, and there is no end to the opportunities you will find to explore the romantic countryside. Here are a few proposals that we've put together for you:



CROSS-COUNTRY SKIING

Just clip on your cross-country skis and head out! The cross-country trails are right outside the hotel door - over 200km of groomed cross-country tracks through the romantic larch woods and rustic farms, right in the heart of the Alpine landscape of the Dolomites.

SNOWSHOE EXPEDITIONS

Very few areas in the Dolomites are as popular with snowshoe walkers as the lands around the famed Tre Cime/Drei Zinnen, the "Three Peaks". From Alpine meadows to mountain tours, our guests have the opportunity to head out on a journey of discovery, three times a week with a guide from the Alpine School Tre Cime/Drei Zinnen (partner of the hotel), all free of charge. If you'd prefer to enjoy the peace, the fresh mountain air and the snowy landscape alone, we will be delighted to offer you our advice.

TOBOGGANING

In Alta Pusteria, there are so many toboggan slopes to choose from. Try it for yourself, a tobogganing party is always masses of fun – on your own or in company, whatever your age.

Toboggan slope Prati di Croda Rossa/Rotwandwiesen meadows

Start: Mountain Station Prati di Croda

Rossa/Rotwandwiesen meadows

Length: ca. 6 km

How to get there: by cable car

Difficulty: moderate

Night time tobogganing: All the fun of night time tobogganing on the Monte Baranci/Haunold. Tobogganing fun guaranteed on the 2km long slope!

Meet: Tuesday and Friday

Time: 7pm to 10pm

Where: Monte Baranci/Haunold, San Candido/Innichen



Natural tobogganing slope Val Campo di Dentro/Innerfeldtal Valley

Start: Rifugio Tre Scarperi/Dreischuster hut, Val Campo di Dentro/Innerfeldtal Valley

Destination: Gweng Car Park, Val Campo di Dentro/Innerfeldtal Valley

Length: 4 km

Ascent: around 1.5 hour walk

Difficulty: moderate

Mountain hut: Rifugio Tre Scarperi/Dreischuster Hütte

Klambach natural toboggan slope

Start: Klambachalm Alpine farm

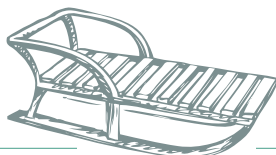
Destination: Moso/Moos Centre

Length: 6.5 km

Ascent: around 2.5 hours walk

Difficulty: moderate

Mountain hut: Klambachalm Alpine farm



NEW

Out of bed and on to the slopes –

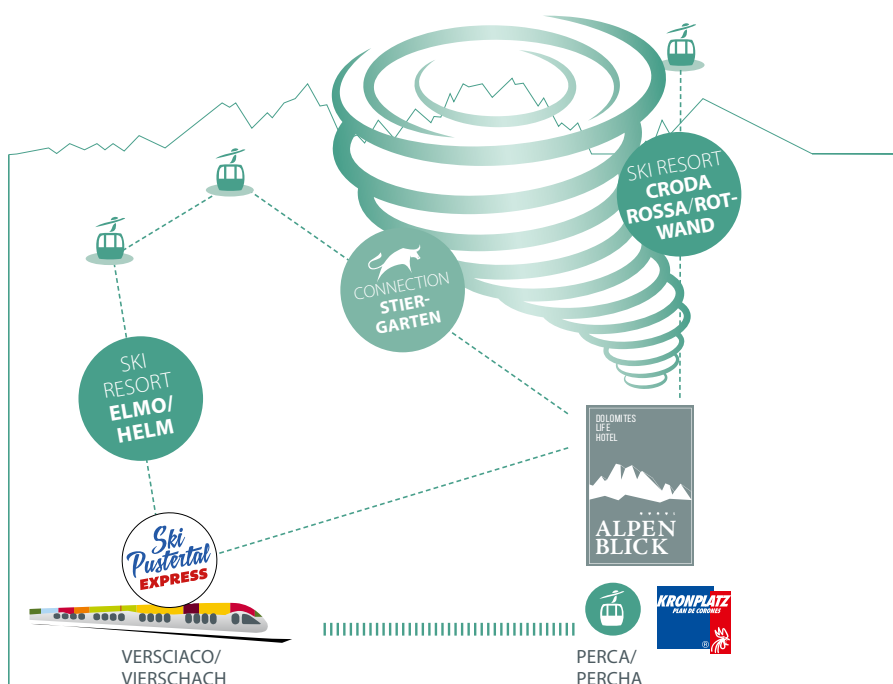


YOUR CAR CAN TAKE A HOLIDAY

As a guest at the Alpenblick, you are right in the heart of the Sexten/Sesto ski resort with 110 km of slopes. Your variety-packed day's skiing begins directly at the hotel: The Brugger lift is just 150 m away, and will whisk you up to the Helm and Stiergarten/Rotwand - Orto del Toro/Croda Rossa in an instant.

From this year, you can opt to take the new downhill return slope from the "Drei Zinnen/Tre Cime" cable car station to the Froneben restaurant, where you can stop off for a break and garner your energies, warm up, or simply catch the last rays of the day over a glass of wine, a coffee, or a traditional South Tyrolean snack before making your way back to the Alpenblick.

And, with the new train station in Versciaco/Vierschach, you have direct access to the Ski-Val Pusteria Express into the bargain. A half-hourly service takes you in 35 minutes from Versciaco to the Kronplatz ski resort. A half-hourly public bus service takes you in every direction you could want to go. And you can get to the cross-country trail network right from the Schäfer shop (200 metres from the hotel).



Winter Fun Information

SKI PASS-SERVICE

Buy your ski pass (or cross-country card) here at the hotel. This means you can save on waiting times and exasperating queues at the cash desk. We recommend booking in the morning – you will receive your ski pass on receipt of credit card payment. Please understand that, for organisational reasons, it is not possible to charge your ski pass to your hotel bill. Each ski pass is subject to a processing fee of € 2, which will be charged to your room.

SKIS AND SKI BOOTS

You can deposit your skis and ski boots in the main hotel. The ski cellar is accessible from the car park or down the stairs from reception – use your room card to enter.

DISCOUNTS ON SKI RENTAL AND SPORTING GOODS

As our guest, you are entitled to an exclusive 10% discount on all sports equipment and ski rental from "Sportpoint" in Moos/Moso, and "Sport Mode Kiniger" in Sexten/Sesto. Items which have already been discounted are not included in this offer.

GUIDED SNOWSHOE EXCURSIONS

Together with our partners, the Tre Cime/Drei Zinnen Alpine School, we organise 3 guided snowshoe excursions per week. Participation and rental of all equipment is free of charge. Booking and information at reception.

GUIDED TORCHLIGHT WALKS

Weekly guided winter walks with burning torches in the romantic Innerfeldtal/Val Campo di Dentro Valley, followed by a sociable evening with home-made mulled wine and music. Participation in this event is included in packages. Otherwise, prices are available on request.

ROMANTIC HORSE-DRAWN CARRIAGE RIDES THROUGH THE VAL FISCALINA/FISCHLEINTAL VALLEY

Sit back and watch the wintry countryside rolling by. Twice daily, at 10am and 2pm, a horse-drawn sleigh will take you through the Val Fiscalina/Fischleintal Valley. We will be delighted to take bookings for you the day before.

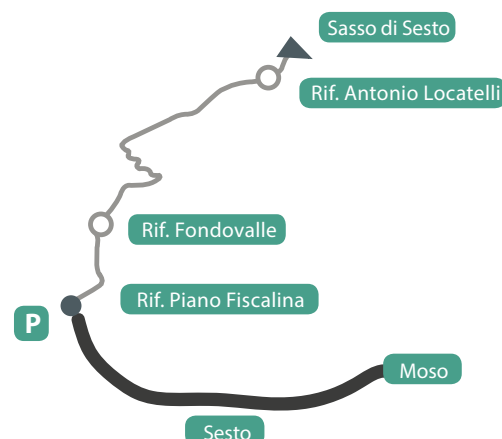
HIKING EQUIPMENT

We offer you free rental of rucksacks and telescopic hiking sticks for your winter hikes.

The silver screen

A shimmering sparkle to either side of the trail, bright blue skies and crystal-clear mountain air: The joy of being outdoors in winter is an experience like no other. The stilled hush and the soothing atmosphere pervading the landscape cannot be felt in any other season. And Markus Lanzinger's personalised tour tips for hikes and cross-country ski routes bring you closer than you can imagine to the Sexten/Sesto Dolomites. Rolling mountain pastures and snow-blanketed forests are a promise of a land filled with strength and beauty.

In the mood for even more winter? Weekly guided snowshoe tours with our partners at the Sexten Alpine School make it all possible.



Markus Lanzinger recommends:

The Drei Zinnen Hütte/ Rifugio "Antonio Locatelli" (2.438 m) TIP

The Drei Zinnen, in the hush of winter

Length: 12 km
 Elevation gain: 980 m
 Total walking time: approx. 6 hours
 Difficulty: medium
 Set-off point: Fischleinbodenhütte/
 Rifugio Piano Fiscalina car park
 Map: Tabacco, Sheet reference 010,
 Sextner Dolomiten/Dolomiti di Sesto, 1:25,000

From the Fischleinbodenhütte/Rifugio Piano Fiscalina mountain hut, take the access trail (No. 102-103) to the Talschluss-hütte/Rifugio Fondovalle mountain hut. Turn right here, and follow trail no. 102 into the Altensteintal/Val Sasso Vecchio valley. The Sommerweg path leads onwards in a gentle uphill along the bottom of the Altenstein valley, becoming steeper as it winds upwards to the head of the valley, at around 2000 m; the trail continues on in a steep ascent, and leads up to the right, to the Bodenalpe, where you traverse a vast mountain plateau and pass by the Toblinger Knoten/Torre di Toblin (Tower of Toblin) and the Sextnerstein/Sasso di Sesto en-route to the Drei Zinnen Hütte mountain hut. If you already know the hut from the summer months, you absolutely must take a trip there in winter: The long hike is well-worth it!





Romantic winter walks on every corner. We will be delighted to offer you advice on the best destinations at reception.

Like cross-country skiing? Then you absolutely have to try both these cross-country routes.

High-altitude cross-country trails

On the sunny plateau of the Prato Piazza/Plätzwiese with views over the Tre Cime/Drei Zinnen

This 6km loop route is one of the most beautiful cross country trails in South Tyrol and one that is also much loved by the pros (it forms part of the Dolomiti Nordicski area, Europe's largest cross-country ski resort). Leisure cross-country skiers adore the stillness and the breath-taking countryside with spectacular views over the Dolomite peaks of the Croda Rossa di Ampezzo/Hohe Gaisl, the Tofana/Tofane and Monte Cristallo.

Discipline: Skating and classic
Length: 6 km
Elevation difference: 80 m

Getting there: With your own car from Sesto/Sexten to Ponticello/ Brücke (around 40km). From Ponticello every half hour by shuttle bus to the Prato Piazza/Plätzwiese (7 km). For the outward journey, travel by car is permitted until 10am and for the return journey at any time.

Panoramic high-altitude cross-country trail

Alp huts "Klammbach Alm – Nemesalm"

Followers of silent sliding are going to find here the right mix between athletic challenge and enjoyment of nature. With start at the mountain station of the cable car "Drei Zinnen/Tre Cime" initially a short part goes steep down to the alp "Klammbachalm/Malga Klammbach" (about 500 m). From there, the trail leads on, at the beginning relatively flat through the larch forests to the alp "Nemesalm/Malga Nemes", (a few steep sections). On the sunny plateau, arrived at alp "Nemesalm", you can choose between some circuits. The trail runs along the forest boundary and the comb "Karnischer Kamm/Cresta Carnica" to the pass "Kreuzbergpass/Passo Monte Croce". For a break all the huts along the way are open. A dreamlike and unique cross-country ski tour for experienced cross-country skiers. For beginner is not recommended.

Winter hike to the Klammbach Alm/ Malga Klammbach, with a view of the 'Three Peaks'



From the Hotel Alpenblick, make your way along trail no. 13 towards the Nemes Alm, which leads through thick spruce forest along the gully of the Sextner Bach/Rio Sesto river. When you come to the fork in the road ("Saumahd") near a tall roadside cross, continue on to your left in the direction of the Klammbach Alm. The walk boasts fabulous views and incredibly beautiful countryside. The return route leads along trail no. 13 from the Klammbach Alm and return to Moos/Moso and the hotel Alpenblick.

Tip: For the return route, you can also take the Drei Zinne cable car to Signaue and, after a short stop-off at the new "Zin Fux" hut, go directly back to the Hotel Alpenblick in Moos.

Summer preview

Inhale the mountain air, walk along sunny paths or let off steam on trails with your MTB. A vacation at the Hotel Alpenblick has something to offer for everyone and after the active day you can enjoy a wonderful massage, or you can still relax in the alpine "mountain-village".

Early summer mountain days

FREE TRAVEL ON THE CABLE CARS

from 14.06.2020 to 21.06.2020

7 nights

Blossoming meadows, forests to explore and velvety pastures with breathtaking views of the mountain peaks lure you out to enjoy the awakening countryside. The scents and colours of early summer and the soul-warming silence of the mountains bewitch the senses: It's a magnificent time to explore the mysterious secrets of the Dolomites. It's a good idea to book early: You'll save €90.00 per person!

This offer is valid for bookings made by 31.03.2020, with arrival and departure on Sunday.

- 7 days, 3/4 luxury board, including our gourmet Alpenblick services
- Array of traditional a la carte dishes
- Afternoon buffet from 3 pm to 5 pm with small pastries from our own bakery, classic "musts" including South Tyrolean apple strudel, buckwheat cake and ricotta strudel and, of course, the unmissable South Tyrol speck.
- 1 weekly welcome aperitivo with prosecco and finger food
- 4 guided hikes with our partners at the Drei Zinnen Alpine School
- Free, unlimited use of the mountain lift facilities on 5 days
- 1 €40.00 voucher per person for the spa treatments of your choice **
- Free use of our Mountain Village Alpine spa facilities, including the Zsigmondy-Sauna in the spa gardens, organic herb sauna, Drei Zinnen steam bath, water beds and heated benches in natural stone
- Mountain Lake Experience in our heated indoor and outdoor pool.

** Spa vouchers are non –transferrable and are valid from 1 to 4 pm and 7 – 8 pm

from 770 €



October feeling

MOUNTAIN HOLIDAY 7=6

from 11.10.2020 to 18.10.2020

7 nights

A mountain holiday to savour to the full. After a day's hiking in the magical realms of the Dolomites, take a seat at the table and enjoy a symphony of fine flavours. Creative gourmet menus with healthy, energy-packed dishes, the best of wines and outstanding service come together in perfect harmony. An experience for true gourmards. It's worth booking early – you'll save €200 per person!

This offer is valid for bookings made by 31.05.2020, with arrival and departure on Sunday.

- 7 days, 3/4 luxury board, including our gourmet Alpenblick services
- Array of traditional a la carte dishes
- Afternoon buffet from 3 pm to 5 pm with small pastries from our own bakery, classic "musts" including South Tyrolean apple strudel, buckwheat cake and ricotta strudel and, of course, the unmissable South Tyrol speck.
- 1 weekly welcome aperitivo with prosecco and finger food
- 1 6-course gourmet dinner incl. wine-tasting
- 2 guided hikes with our partners at the Drei Zinnen Alpine School
- 1 €40.00 voucher per person for the spa treatments of your choice **
- Free use of our Mountain Village Alpine spa facilities, including the Zsigmondy-Sauna in the spa gardens, organic herb sauna, Drei Zinnen steam bath, water beds and heated benches in natural stone
- Mountain Lake Experience in our heated indoor and outdoor pool.

** Spa vouchers are non –transferrable and are valid from 1 to 4 pm and 7–8 pm

from 684 €





Alpenblick's Bike Week

4 UNFORGETTABLE GUIDED TOURS 7=6
 from 07.06.2020 to 14.06.2020
 7 nights

7 nights for the price of 6, with 4 guided highlight-tours included. The countryside around the Drei Zinnen/Tre Cime is a cyclist's dream. Hotel hosts and qualified bike guides Sabine and Markus, and the guides from our Bike-Academy Sextner Dolomiten, will lead you out on adventurous trails and breathtaking routes through the Sexten/Sesto Dolomites. It's worth booking early: You'll save €150.00 per person!

This offer is valid for bookings made by 28.02.2020, with arrival and departure on Sunday.

- o 7 days, 3/4 luxury board, including our gourmet Alpenblick services
- o 1 home-made muesli bar to take on your bike tours every day
- o Afternoon buffet from 3 pm to 5 pm with small pastries from our own bakery, classic "musts" including South Tyrolean apple strudel, buckwheat cake and ricotta strudel and, of course, the unmissable South Tyrol speck.
- o Welcome aperitivo with prosecco & finger food
- o 4 guided MTB tours with hotel hosts & professional bike guides, Markus and Sabine
- o Free laundry service for your bike clothing
- o Photos from the tours
- o Free use of our Mountain Village Alpine spa facilities, including the Zsigmondy-Sauna in the spa gardens, organic herb sauna, Drei Zinnen steam bath, water beds and heated benches in natural stone
- o Mountain Lake Experience in our heated indoor and outdoor pool.
- o MTB Bikes are available for rental from our own bike rental shop

(Programme subject to variation)

from 764 €

E-Bike-Week

POWERED BY BOSCH & HOTELALPENBLICK
4 UNFORGETTABLE GUIDED TOURS 7=6
 from 31.05.2020 to 07.06.2020
 7 nights

Cycling through mountains and meadows, on an e-mountain bike journey of discovery in the Sexten/Sesto Dolomites. How would you like to explore the UNESCO World heritage Dolomites on an e-bike, with breathtaking views, peaceful vantage points, authentic mountain huts and clear mountain lakes? With our special offer, and a "tailwind from the socket" to help you along, it's a piece of cake! It's worth booking early – you'll save at least €100.00 per person!

This offer is valid for bookings made by 28-02.02, with arrival and departure on Sunday.

- o 7 days, 3/4 luxury board, including our gourmet Alpenblick services
- o 1 home-made muesli bar to take on your bike tours every day
- o Afternoon buffet from 3 pm to 5 pm with small pastries from our own bakery, classic "musts" including South Tyrolean apple strudel, buckwheat cake and ricotta strudel and, of course, the unmissable South Tyrol speck.
- o Welcome aperitivo with prosecco & finger food
- o 4 guided MTB tours with the guides from our Bike Academy Sextner Dolomiten and with Markus, hotel host and professional bike guide
- o Photos from the tours
- o Free laundry service for your bike clothing
- o Free use of our Mountain Village Alpine spa facilities, including the Zsigmondy-Sauna in the spa gardens, organic herb sauna, Drei Zinnen steam bath, water beds and heated benches in natural stone
- o Mountain Lake Experience in our heated indoor and outdoor pool.
- o MTB Bikes are available for rental from our own bike rental shop

(Programme subject to variation)

from 764 €



A head for heights – guided walks

Breezy high-altitude hiking trails, beautiful mountain-peak paths, sunny Alpine meadows. Summer gets the best out of the Sesto Dolomites, and we will be waiting for you here at the Alpenblick with all you need for active, relaxing days in the Dolomites. On three to five days a week, we will take you out on some of the most popular tours through the UNESCO World Heritage Site. Along the way, you will learn about the rural customs of the area, discover the beauty of the Alpine nature and stop off at one of the many mountain huts for a taste of South Tyrolean cuisine. The summer is yours! **All hiking offers at www.alpenblick.it**

Hiking-Info

GUIDED WALKS

The Tre Cime/Drei Zinnen Alpine school organises walking tours through the Sexten Mountains every week. Participation is free and, we can book your place here at the hotel. Just let us know at reception.

HIKING EQUIPMENT

Free rental of rucksacks, telescopic hiking sticks and rain ponchos.

PACKED LUNCH

If you would like a packed lunch for your walking or biking trip, please order at reception the day before. The cost is €7 per person (included in weekly packages).

ALPENBLICK OUTDOOR MAP

With tips on leisure activities, available at reception (€2)

HIKING TIPS AND INFORMATION

You will find an information map with hiking tips at reception.

Bike-Info

Off and away to your personalised mountain-bike adventure in the Sexten Dolomites! The 4-star Dolomites Life Hotel Alpenblick offers you the very best of mountain bike offers with unique inclusive services:

- Lockable Bike garage
- Bike-wash area with high-pressure hose
- Bike repair tools and spare parts incl. inner tubes, spoke nipples etc. available at reception
- Bike locks available at reception
- Cycling-clothes laundry service (extra charge)
- Evoc-Rucksacks with integrated back protection available for rental
- Rental of sat-nav devices (€15)
- Sat-nav tour database
- Downloads for your own sat-nav device
- Information corner with cycling magazines and tour maps
- Tour recommendations at the info-map at reception
- 7 guided bike tours every week with bike guides from the Bike Academy Sextner Dolomiten as well as with the hotel owners and bike guides Sabine and Markus
- We will be delighted to help you plan your tour





Our mountainbike test centre

You can find the newest and best Simplon and the best Scott and Rocky Mountain bikes with 27,5 and 29 inch wheels in our test center here at the Hotel Alpenblick. Beautifully-maintained and looked after, the bikes guarantee you biking fun at its very best. Rental per day from € 30, 2 days € 56...

Test EVOC rucksacks free of charge

The EVOC FREERIDE SERIES FR is a backpack with an integrated back protector. The CE-certified Liteshield Back Protector Technology makes these high-quality bike backpacks a valuable safety device which can protect from injury. The FR backpack is impressively light, and weighs no more than a standard rucksack. The back protection system can be removed and carried separately or replaced if it is damaged or dirty.

IXS Trail RS bike helmets South Tyrol edition

The IXS Trail RS bike helmet, in white, has been produced in limited 500-piece edition for Bike Hotels South Tyrol. You are welcome to test the IXS Trail RS free of charge here, or purchase one in our bike shop.

GPS Garmin Edge 810

You would be hard put to find a better computer for your tour. The edge 810 is robust, waterproof and boasts a battery life of up to 17 hours. The touchscreen is easy to use even with gloves on or if wet. You are welcome to try out this system, with around 20 GPS tours, for a daily rental fee of € 15.

IXS Protectors

You are welcome to test-run the IXS knee and elbow protectors free of charge.

TAILWIND, STRAIGHT FROM THE SOCKET

The Hotel Alpenblick is e-bike certified. That means that you can not only bank on top-quality, unforgettable biking adventures here at a tour hotel, but also skill and expertise for everybody who would like to find out more about the advantages of e-bikes on holiday, learn – or learn more - about the special e-bike riding technique.



E-Bike, the latest craze

Here at the Alpenblick, biking with the added power of an electric motor is the craze of the moment. Old or young, leisure-biker or racer: More and more bikers are enjoying the advantages of e-bikes. They look trendy and sporty, and even dedicated mountain bikers are getting into it. On a technical level, these bikes have come on in leaps and bounds in the past few years, and today are fit to impress the best, even downhill.

We offer:

- 5 weekly guided bike tours with our experienced biking guides
- Top Bike service with bike garage, washing area, washing service, spare parts
- Tour recommendations, maps, GPS-tour database to download or rent
- Tour maps with recommendations on which tours are best suited for e-bikes
- Week or short-stay offers with technique training courses for beginners and advanced levels
- E-Bike & Fat E-Bike rental

Pedal your way through the Sesto Bike Summer

The mountains of the Sesto Dolomites are drawing ever more bikers into their thrall. Wide mountain trails alternate with challenging wood trails, high altitude stretches with breathtaking views and hair-raising downhills. On your journey of discovery through the countryside, the qualified guides from our Bike Academy and the hosts of the hotel, Sabine and Markus Lanzinger, are the perfect guides. As one of the official 4-star bike hotels in Alta Pusteria, you can expect a whole lot of services and advantages which will make your holiday on two wheels unforgettable. Get a sneak preview of what the Sesto biking summer holds in store here.



Your hosts Sabine and Markus Lanzinger are trained bike guides.

Hotel Alpenblick – the only official 4-star bike hotel in the Upper Puster Valley

A-Z guide

DEPARTURE

You can settle your bill on the evening before your departure from 7 pm to 9.30 pm or on your departure day from 9 am. We ask you to leave the room within 10 am. On request, late check-outs are possible (until 6 pm) and are charged at 50 % of room rates. You are welcome to use the spa facilities with mountain lake on your day of departure until 6 pm, inclusive of afternoon snack, for a surcharge of € 35 per person.

TOW SERVICE DOBBIACO

Via Pusteria 7b
Tel. 328 769 38 79 / Tel. 329 933 02 85

SEXTEN/SESTO PHARMACY

Via Dolomiti 23
Opening hours: MON-FRI 8.30 am-12 pm & 3-7 pm / Tel. 0474 710 460

GENERAL EMERGENCY CALLS

First aid, emergency doctor, fire brigade, mountain rescue
Tel. +112

DOCTORS

Dr. Karl Mayr
Via Laner 13 / Tel. 0474 710 407
MON-FRI 8 am-12 pm
MON-THURS 4.30-6 pm
San Candido: Accident and Emergency, Innichen Hospital
Tel. +39 0474 917 111(Emergencies only)

CAR RENTAL

Auto Kirchner
Pizachstraße/Via Pizach 27, Innichen
Tel. 0474 913 276

INNICHEN/SAN CANDIDO

TRAIN STATION

Tel. 0474 913 224
Toll-free number: 840000471

SOMMER BIKE ACADEMY

At the valley station of the Sexten Helm cable car. Opening hours: 8.30 am -12 pm & 3 - 6 pm. Closed on Sundays 09.06.-05.10.2019: 8.30 am-12.30 pm & 3-7 pm. Opening hours subject to weather conditions.
Tel. +39 342 747 68 68

FISHING

Fishing permits:
Sport Mode Kiniger
Dolomitenstraße/Via Dolomiti 31
Tel. 0474 710 433

Hotel Mondschein
Dolomitenstraße/Via Dolomiti 5
Tel. 0474 710 322

Garni Bergsteiger
Dolomitenstraße/Via Dolomiti 29
Tel. 0474 710 417

LOST PROPERTY OFFICE

Sexten/Sesto town hall, Via Dolomiti 9
Tel. 0474 710 323

GUEST NET

Access all information on the Hotel Alpenblick and the surrounding area in real-time.

alpenblick.guestnet.info

SHOPS

Opening hours: 8.30 am-12 pm & 3-7 pm

INTERNET

Free wifi is available throughout the hotel. You can hook up to the internet direct from your notebook.

MECHANIC

Mair Christian
Dolomitenstraße/Via Dolomiti 4
Tel. 0474 710 369

VAL FISCALINA CAR PARK

Parking fees:
Per hour: € 1 – Per day: € 5

SEXTEN/SESTO POST OFFICE

Via Dolomiti 9 / Tel. 0474 710 311
Opening hours:
MON-FRI 8.20 am-1.45 pm
SAT 8.20 am-12.45 pm

SKI RENTAL

Sport Point Sesto/Moso
Via San Giuseppe 15
Tel. 0474 712 005

TAXI SEXTEN/SESTO

Holzer Remo
Tel. 0474 710 650 / 348 382 39 88

Myline Shuttle service
Tel. 345 569 40 86

Rogger Günther
Tel. 348 842 37 79

Holzer Bus
Tel. 0474 710 309

TELEPHONE

You can make calls directly from your room. Select "0" for an outside line. Outside lines are not available on the evening before your departure; please let us know at reception if you would like to make further phone calls.

VETERINARIAN SAN CANDIDO

Dr. Alois Furtschegger
Josef-Walter-Straße/Via Josef Walter 10,
Tel. 348 222 81 48

TRAFFIC INFORMATION CENTRE

Tel. 0471 200 198

WAKE-UP CALL

Our reception staff will be happy to give you a wake-up call at any time.

DENTIST

Innichen/San Candido: Dr. Wilhelm Sulzenbacher, St. Michaelsplatz/Piazza San Michele 9, Tel. 0474 913 718

Toblach/Dobbiaco: Dr. Giuseppe Cascavilla, Schulplatz/Piazza Scuole 5,
Tel. 0474 745 554 / 335 843 63 55

Niederdorf/Villabassa: Dr. Herbert Campidell, Parkstraße/Via Parco 3,
Tel. 0474 745 300

NEWSPAPERS

Order your favourite newspaper from reception and it will be waiting for you the next day at your breakfast table.

Hotel Alpenblick
St.-Josef-Straße 19
I-39030 Moos bei Sexten
Tel. 0039 0474 710 379
hotel@alpenblick.it
www.alpenblick.it

Tel. Reception:
9 or 153